

## Measuring Instructions - Size Guide

### WAIST

Measure around your waist, at the narrowest point.

### HIPS

Stand with heels together and measure around the fullest point of your hips.

### TIPS:

If you don't have a measuring tape, use a piece of string and hold it alongside a ruler.

For the best fit, we recommend you measure without clothing on.



All measurements listed in inches

JEAN SIZE	WAIST	HIP
2	25 1/2 - 26	35 1/2 - 36
4	26 1/2 - 27	36 1/2 - 37
6	27 1/2 - 28	37 1/2 - 38
8	28 1/2 - 29	38 1/2 - 39
10	29 1/2 - 30	39 1/2 - 40
12	30 1/2 - 31 1/2	40 1/2 - 41 1/2
14	32 - 33	42 - 43
16	33 1/2 - 34 1/2	43 1/2 - 44 1/2
18	35 - 36 1/2	45 - 46 1/2